



ARMY PUBLIC SCHOOL MIRAN SAHIB

DAY AND DATE: SATURDAY, 21 JUNE 2025



COUNSELLING SESSION FOR TEACHERS

Counseling Session on "Catch Before They Fall – Psychological Safety of the Child"

Time: 12:45-1:45 PM

Venue: Computer Lab

Presenter: Ms. Paramjeet Kour (PGT Psychology & Counsellor)

Participants: All teachers, including Balvatika teachers

Session Highlights:

- Emotion Corners for Empathy
- Exit Slips for Self-Reflection
- Support Material Provided

